

The View

PUBLISHED MONTHLY



Graphic by Serena Robeson

Adderall: The silent problem

ANDREW DORAN

(*Editor's note: All the names of students have been changed in order to protect their identity and prevent repercussions from future professors or from the University.)

It is 2 a.m. and Brianna Reyes* is having a hard time trying to concentrate on her homework that is due in 12 hours. She is contemplating going to bed and just giving up, but she knows that not finishing will cause her to start failing the class.

As Reyes debates what to do, she remembers that she has some pills in her drawer that will allow her to concentrate more and hopefully allow her to power through the rest of the night. She opens her desk drawer to rummage her hand around the back in order to find her illegal supply of Adderall pills.

After she gets out her bottle, she takes one and allows 30 minutes to feel the effects of the drug. She starts to feel more awake and focused on completing her assignment.

With the Adderall in her system, she is able to power through her tiredness and completes the homework by 6 a.m. She was focused the entire time, an effect she knew the drug would give her. "I know that when I take Adderall, if I can stay focused, I can get anything done that I've put off," said Reyes.

Reyes is not the only student taking Adderall at CI. In talking with students, faculty and professors, it is apparent that CI is not immune to the issues of Adderall abuse and the side effects that come with it. In multiple interviews with students, it is fairly clear that if someone wants to take Adderall, all they need to do is simply ask a person or two and they will be able to find their own supply of it.

Matthew Paul*, a senior biology major, described the first time he was able to get Adderall as a freshman. "It was fairly easy," said Paul. "All I needed to do was ask three different people in the dorm and I was able to get my hook up. There was usually only one or two degrees of separation before I was able to get my supply."

While this was the most common way for students to receive their Adderall, some students would lie to their doctor in order to get some. "I went to the doctors and lied about my symptoms," explained Marsha Jones*, a junior communication major. "Since it's a focusing diagnosis, the doctor has a hard time knowing if you are telling the truth or not. I would just follow what was said online and within an hour, I had my own cheap supply of Adderall."

Adderall is a drug that is commonly used with individuals that have either Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder, more commonly known as ADD or ADHD. When someone has either of these disorders, they have a hard time calming down their mind in order to complete tasks at hand, so they are prescribed Adderall in order to focus on tasks like doing homework or working in an office.

Senior English major, Elizabeth Watts*, who does have ADHD, talked about how her life is totally different from when she was undiagnosed to today where she has it under control. Visiting the doctors to get help, the doctor knew right away that she needed Adderall in order to keep her mind on track. "When I didn't have this diagnosis, I was all over the place. I could never pay attention in class or get anything done fully."

Once she started to take the drug, she saw an immediate difference. "I was able to hold conversations, do homework, everything! It was really great for me because I was able to take control of my life in a weird sort of way."

When Adderall is used for its intended purpose, it can be a lot of help to individuals who have a hard time maintaining their focus. But with so many students who do not have ADD or ADHD taking Adderall, it creates awkward situations for students who actually need it. Watts mentioned that she has had a lot of her fellow peers approach her attempting to buy some of her medication.

"It's really not cool," said Watts. "I need Adderall to function, but people think I don't need it every day. It makes me feel bad that I can't help my friends, but it's honestly bulls--- that so many people are taking it in order to cover up their procrastination."

Whether students want to admit it or not, and a majority would not, individuals who are nonprescription Adderall users are breaking the CI Student Code of Conduct. According to the document, the ninth point states that the "Use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia, (except as expressly permitted by law and University regulations) or the misuse of legal pharmaceutical drugs" is against the school guidelines. This means that if a student is caught using Adderall without a prescription, they would have to face the consequences given to them by the student conduct office, which could be suspension or expulsion.

In addition to breaking point nine of the document, students could also be breaking point 1-1, which states that students are breaking the code by "Cheating, (committing)

“ All I needed to do was ask three different people in the dorm and I was able to get my hook up.

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Plans in motion aim to stop flooding in Central Mall

JAZZMINN MORECRAFT



Progress of Central Mall as of Jan. 24. Photo courtesy of Andrew Doran.

Central Mall, the center of campus, might look different to students as they journey back to CI for the spring semester as the once-clear view from Aliso Hall to the John Spoor Broome Library is now obstructed by fences and equipment.

Phase one of the Central Mall renovation began Monday, Dec. 9 when the contractor started to install the fencing. In a facilities service project notification received via global email, it states, “This fencing is necessary for everyone’s safety and to provide the construction crew with an area to work and store equipment and materials.”

While this first phase looks as though it impacts much of Central Mall, it really

only impacts the entrance to University Hall. Along with the signage around the construction zone to direct individuals, a university map has also been provided to show the location of construction and the temporary entrance to University Hall.

So, what is exactly happening to Central Mall? In the same global email, it was explained that the ground would be “renovated with new permeable pavers to replace the decomposed granite surface”.

Now, one might ask, what is a permeable paver? “A permeable paver allows storm water (rain) to infiltrate through it and go back to the ground,” explained Thomas Hunt, Interim Assistant Vice President for Facilities Services.

“Regular pavers are similar to concrete or asphalt because when it rains, they just generate a lot of water run-off. That water then accumulates and can cause flooding if our storm water systems are not able to keep up with the flow.” This means that the renovation should help with all the puddles of water around Central Mall when it does rain.

Once phase one is complete, the contractor will move onto phase two, in which they will be doing the same process, only this time in front of the front entrance to Bell Tower. However, Central Mall should never be completely blocked off from one end to the other.

Phase two is scheduled to be completed

before commencement, which is on May 23 this year. “We have given the contractor a required completion date that gives us enough time to then do set up and preparation for commencement,” stated Hunt. “The contractor is aware of commencement and is fully onboard with completing the project on time for us.”

Even though phase two will be complete, the entire look of Central Mall will not be finished, Hunt informs. “The sides are being planned for future phases of renovation so that eventually the entire Central Mall will have the same design and look.”

More than just voting nationally

ROBERT MCDONALD

The upcoming Presidential Primary on March 3 does not solely decide who is running for President. According to the Ventura County recorder’s office, Ventura County will vote on who will be the next county Supervisor, one of three people with a large amount of executive and legislative power for the county. The top candidates according to the VC Reporter are incumbent Kelly Long and challenger Kim Stephenson. Furthermore, two county judgeships will be decided on the March 3 election.

The Secretary of State’s Office states that one statewide bond initiative is going to be on the ballot. According to Ballotpedia, a nonprofit and nonpartisan online political encyclopedia, California Proposition 13, School and College Facilities Bond would “authorize \$15 billion in general obligation bonds for school and college facilities, including \$9 billion for preschool and K-12 schools, \$4 billion for universities, and \$2 billion for community colleges.”

The most well-known issue on the ballot is the Presidential Primary. The top vote getter for each party at the primary election is entitled to participate in the general election. Furthermore, the Secretary of State’s office states that “no voter may vote in the primary election of any political party other than the party he or she has disclosed a preference for upon registering to vote. However, a political party may authorize a person who has declined to disclose a party preference to vote in that party’s primary election.” Many voters feel their vote does not count; however, local elections can be decided by a voter not showing up.

Where to vote

Knowing where to vote for the upcoming March 3 election is simple to learn. Polling for students who live on campus, according to the recorder of Ventura County, is located in Town Center next to Tortillas at address, 45 Rincon Drive #103-105, Camarillo, CA 93012-8599 Ventura County. In California, polling locations are handled by counties. To discover where to vote in Ventura County, go to <https://recorder.countyofventura.org/elections/> and select “Where Is My Polling Place”.

Provisional Ballot

Due to special circumstances, some voters are able to vote provisionally. According to the California Secretary of State office, “the provisional ballot is a regular ballot that is placed in a special envelope prior to being put in the ballot box.” Furthermore, according to the Secretary of State office, to vote provisionally a voter must:

- Believe they are registered to vote even though their names are not on the official voter registration list at the polling place.
- Be a vote by mail voter (someone who usually does not vote at a voting center), and has forgot to submit their ballot or bring their ballot with them to the voting center.

The Secretary of State office also states that “your provisional ballot will be counted after elections officials have confirmed that you are registered to vote in that county and you did not already vote in that election.” This safeguard is in place to ensure that someone is not illegally voting (to protect the integrity of our democracy). To check if your provisional vote is counted go to www.sos.ca.gov/elections/ballot-status. If your vote is not counted the site will let know the reason why.

Adderall: The silent problem

ANDREW DORAN

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plagiarism, or (engaging in) other forms of academic dishonesty that are intended to gain an unfair academic advantage”. While this might be more of a gray area compared to point nine, for those who do not need the drug, Adderall can help them stay focused to a hyper level, as well as stay up all night.

“I end up using Adderall on the days that I need to stay up all night. I don’t need caffeine; just give me that pill,” remarked Paul. When pressed about if he thought this was breaking the CI Code of Conduct, Paul gently explained that caffeine is not against the law, therefore Adderall should be treated the same.

“I don’t see why that would be against the code (of conduct). There are plenty of students that are drinking those massive energy drinks at midnight to stay up. Why would taking Adderall be any different?”

According to Chelsea Bente, the Associate Dean of Students, the University would likely put a student on probation if they were to get caught taking Adderall without a prescription.

“It could be anywhere from disciplinary probation to suspension, but most likely probation with some educational sanctions attached to it,” explained Bente. “It might be doing a course about alcohol and other drugs or why you don’t take something that is not prescribed to you ... There’s a variance in what we might do.”

When asked about how often the University gets complaints about the amount of Adderall use on campus, Bente was open with her answer. The University simply does not get a lot of cases of Adderall misuse.

When asked more as to why that is, Bente expanded further. “It’s kind of a quiet thing ... It’s not something that’s out in the open. You can’t smell it like you can marijuana or alcohol. Behavior is not so erratic either, so it’s harder to gauge what the issue is.”

Even though some of the students who were interviewed understood that they might be breaking the student code of conduct, they believed that they would always be able to get away from punishment.

“None of my friends are going to rat me out, so why worry? Also, there is no way that the University would be able to implicate me,” said Krystal Finch*, a senior communication major. When asked to explain this further, Finch talked about how the University would never be able to come down on anyone. “Look, it’s almost like drinking underage. People might say you do it, and you might do it, but unless there is hard proof, like a photo or something, there is no way that the University can say you’re breaking the school code (of conduct).”

Jones also echoed this sentiment as well. “Even if the University thinks I’m taking Adderall, what are they going to do? Nothing. They can’t prove it’s Adderall unless they take a blood sample, but I take Adderall at night, so they are never going to catch me.”

All nonprescription Adderall users interviewed shared the same attitude: it is not cheating. “Adderall can take my head anywhere, so even if I want to do homework, sometimes I end up

cleaning my room. Yeah, it might let me focus, but like other college students, I might end up doing something completely different,” said Reyes “I’ve found myself down a massive YouTube rabbit hole sometimes, and then I’ll come out of it hours later not getting my work done and I’ve wasted a pill.”

Watts though, who does take it for ADHD, disagrees. “Yeah, it’s cheating. It might not be the same as cheating on a test or plagiarizing a paper, but it’s cheating nonetheless.”

While students and the University administration might be at odds when it comes to knowing if Adderall is cheating, there is no denying that Adderall is still a drug that needs to be used with caution.

According to multiple addiction websites, including the American Addiction Center, RxList and the Mayo Clinic, Adderall still has a long list of side effects. They can include an upset stomach, increased anxiety, problems with sleeping and a loss of appetite. In serious cases, after a lot of long-term use, people have died from taking too much Adderall because they never learned how to dose properly.

All these short-term side effects were something the nonprescription using students felt, especially if it was their first time taking the drug. A couple of the students talked about how their bodies just felt weird, and they almost stopped taking the drug. In the end, though, they saw how much work they were able to complete while being on the drug, so they kept taking it.

“I just learned how to deal with the side effects. I also only started to use Adderall when I needed it, so I didn’t feel bad all the time,” explained Paul.

The students that were interviewed refused to believe that they would have any long-term side effects. The majority of them believe that they will only be taking Adderall until they graduate from CI and then they will go off it immediately. “I don’t see a reason as to why I would need to take it after school. It’s not like I’ll need to do homework with a full-time job,” said Reyes.

Even though students across campus are taking Adderall, and it is easier to get than other drugs on campus, it is still an illegal drug unless you have a prescription. According to the U.S. Department of Justice, Adderall is classified as a Class II controlled drug, meaning that the drug has a high potential for addiction and abuse like other drugs such as OxyContin and morphine.

Possession of the Class II controlled drug, Adderall, without a prescription means there are serious consequences to be had. According to multiple attorneys from around California, if someone has the drug without a prescription they can be charged with a misdemeanor, meaning that they will either have to pay a fine up to \$1,000 or go to state jail for 364 days. If someone is found to be selling Adderall, that ends up being a felony, thus making jail time three to five years.

Even though selling the drug is illegal, it still does not deter anyone from pushing them. “Yeah, I know people that sell the drug,” said Watts. “They aren’t scared of doing it because they end up getting a lot of money for their supply.”

However, the price of the pill varies. A couple of students were paying as little as \$5 per pill, while others were paying upwards of \$15 per pill. There were students that The CI View talked to who did not want to be interviewed but were willing to admit that they pay \$20-30 per pill.

There were multiple reasons as to why pill prices were on a varying price range. Sometimes it had to do with the connection that the seller had with the buyer, or how many pills the seller had at their discretion.

“Look, when I’m paying someone for Adderall, they end up getting a Venmo from me for whatever that seller’s price is,” said Reyes. “But I’m not an idiot. It’s not like I’m putting ‘Thanks for the Adderall’ in the payment message. I just put emojis of food or something that is in common between me and the seller.”

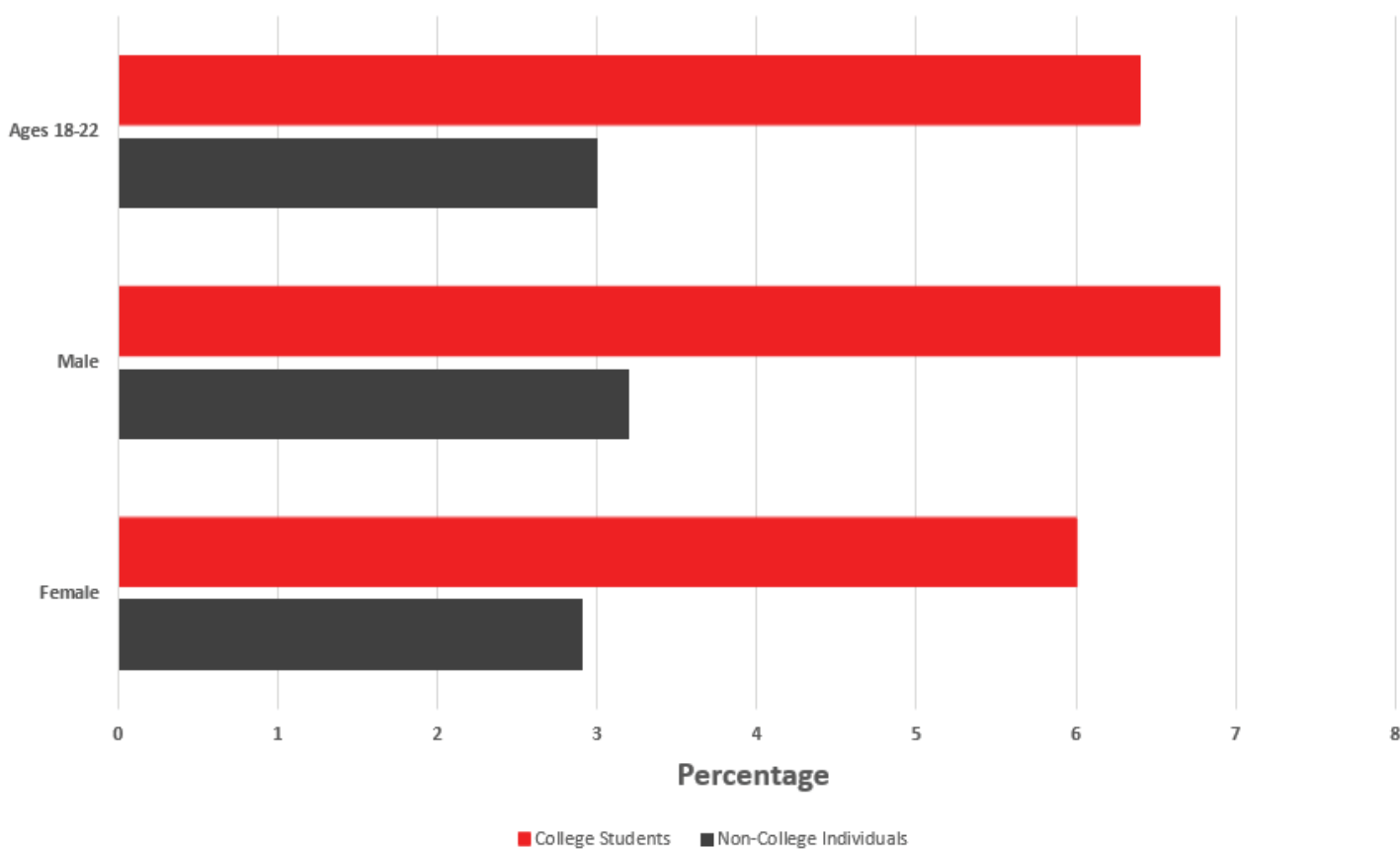
Paul agreed to this. “I’m never paying with cash, because who has that now? All the conversations are verbal, so there is no trail, and then I pay via apps (such as Venmo and

CashApp) with emojis about food so it looks like I was paying back for lunch.”

Overall, it seems students are more worried about achieving their academic goals than the legal or health related consequences that come from taking nonprescription drugs.

With this silent problem brought to light, it will be interesting to see how the University, as well as students, change their perspective on Adderall.

Adderall Abuse within Certain Groups

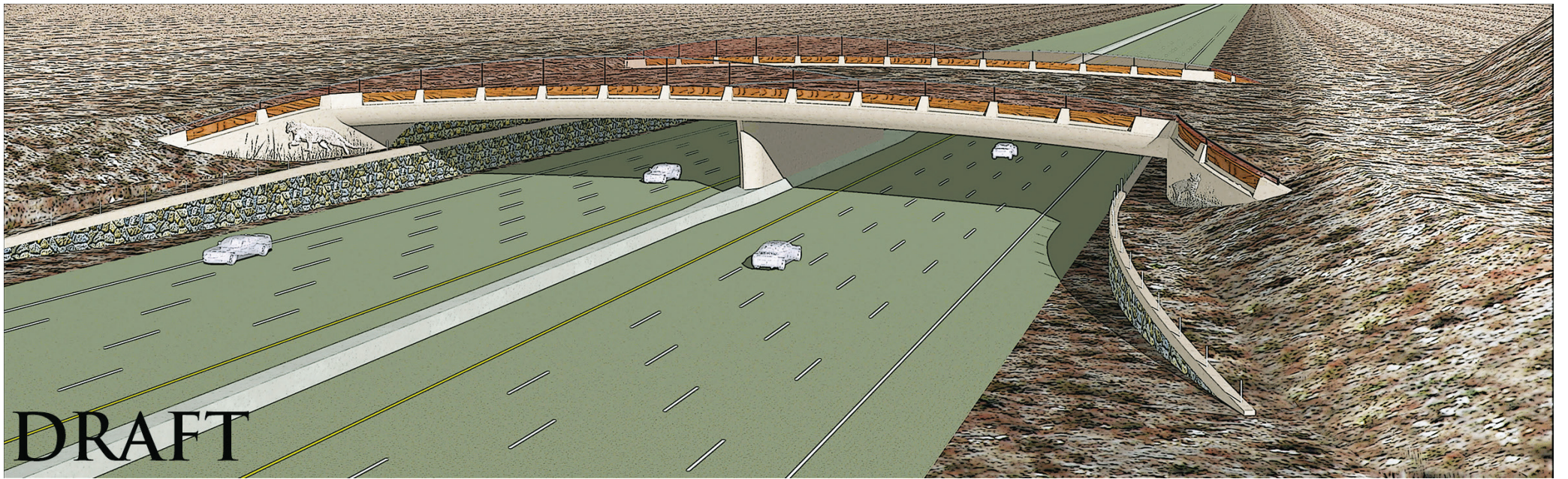


Data courtesy of Substance Abuse and Mental Health Services Administration, 2017.

“It’s kind of a quiet thing ... It’s not something that’s out in the open.”

Bridge to inspire wildlife conservation

ANNIE KUZMANOVIC



Early concept of the bridge crossing to be put above the U.S. route 101 in Agoura Hills. Photo courtesy of Caltrans.

The first urban wildlife crossing is coming soon to Los Angeles county. It will serve Agoura Hills' mountainous plants and animals, particularly with regards to breeding for the California puma. It will be constructed as a bridge that will cross the U.S. Route 101 overhead, but it will be garnished with elements of its natural surroundings so that animals are not intimidated to utilize it. Its current design is looking like a 200 feet long and 165 feet wide bridge. According to a campaign guide by the National Wildlife Federation (NWF), the crossing's completion date is set for 2023.

The CI View had the pleasure of interviewing Beth Pratt, the Regional

Executive Director of NWF in California, about what the future of the bridge might look like. With a wildlife crossing consulting team and professionals who have studied the effects of others like it, they have a fair grasp on the potential outcomes.

"What we know from decades of study is that these crossings are extremely successful in getting animals across the road safely," wrote Pratt in an email. "The crossings in Banff (Canada) for example, have reduced wildlife collisions about 80%, and large mammals have used them over 200,000 times in 17 years."

With such incredibly beneficial statistics, you may be wondering why officials in

Los Angeles had not attempted to achieve a wildlife crossing near California terrain sooner. Pratt pointed out that California wilderness does not have the kind of free-range wildlife that need to cross roads in huge herds. "As the science of connectivity started becoming clearer—that these crossings need to address fragmentation along with collisions with cars—the need started growing along with the public awareness and support."

Along with a positive impact directly to the animals that will be using the bridge, Pratt hopes that it serves as an example for future projects. "Almost 400,000 cars a day will drive under this crossing once it is completed—that's a lot of people who will learn about wildlife crossings!" Pratt wrote. "But it will also inspire others, and has already started to do so since public support has been so high."

She also noted that since this will be the largest wildlife crossing in the world, and the first one built in an urban setting, there is a lot to look forward to in the way of valuable research. Pratt is very proud of LA for accommodating the local wildlife such as Hollywood's most famous puma, P-22. "Most places in the U.S. would have removed P-22 immediately from Griffith Park upon detection," she wrote. "LA instead made him a local hero, and is building the largest wildlife crossing in

the world in his honor. That LA is leading the way in coexistence with wildlife is truly something to celebrate!"

Pratt also noted that aside from volunteer opportunities with the bridge, donating and raising awareness for it, you can also help the pumas by joining the movement to ban anticoagulant rodenticides, or rat poison. "These have deadly impacts on wildlife in the LA area and beyond," expressed Pratt. "Several mountain lions in the Santa Monica Mountains, for example, have died from rodenticide exposure, and even P-22 got sick from it. Poison Free Malibu is one group doing great work in this area."

If you have a passion surpassing pumas and would like to have a broader positive impact on the environment, Pratt suggests making intentional decisions to ultimately leave a lighter footprint on the earth. "Almost every decision we make day-to-day can impact wildlife, from what food we eat to how fast we drive ... Slow down, eat less meat, don't use harmful chemicals, etc. But most of all, vote for people who support wildlife conservation and protection."

For additional information about the wildlife crossing or any other environmental preservation projects, visit the NWF's website at www.nwf.org.

CIVIC

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Join Student Government for a Civic Engagement filled day!
Learn about the importance of voting, the 2020 Census, and discover other ways you can get civically engaged.

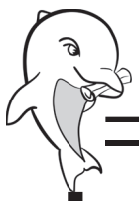


Questions? Call Student Government (805) 437-2734
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The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at accommodations@csuci.edu or call (805) 437-3331 as soon as possible, but no later than seven (7) business days prior to the event.



P-61 the first GPS collared lion on the west side of 405 Freeway in the Santa Monica Mountains. Photo Courtesy of Jason Klassi.



Places to go on a date in Ventura County

NAOMI SANTANA

With Valentine's Day fast approaching, planning a romantic or fun day for two is on many individual's mind. While being a college student may hinder you from having extravagant plans, Ventura County offers a variety of places such as beaches, restaurants and movie theaters that are perfect for dates. Even if you don't celebrate Valentine's Day, these place are good to go on date at any time of the year.

Outdoors

One of the major perks of living in Southern California, is that there are so many different date ideas that allow people to be outside. Many students like going to the beach because they can enjoy a relaxing view on their date. "Is the beach too obvious an answer?" remarked Jon Fant, a senior anthropology major, when asked where he would go on a date.

If you are planning to go to the beach, students should look to go to the Ventura pier. There you can enjoy a nice scenery while walking on the pier or while walking along the beach shore. At the Ventura pier you can also go to one of the restaurants that are scattered around the area.



Paradise Falls in Thousand Oaks. Photo courtesy of Jazzminn Morecraft.

In between Ventura and CI is Oxnard, where students can go enjoy water activities. There are many popular spots such as the Channel Islands Harbor. "(I would say) kayaking at the Channel Islands Harbor (because) students get a discount," said Jennifer Gutierrez, a senior communication major. CI's Boating Center is also at the Channel Islands Harbor, where students can learn how to sail, kayak, stand up paddle board, or go on a sunset kayak, all good activities for a date.

Students can also look to go hiking in the surrounding areas. In the Thousand Oaks areas, there are many places to go for a walk-in nature, like at The Gardens of the World, Wildwood Regional Park, Santa Monica National Recreation Area and Paradise Falls. These hikes range

from easy to difficult, so be sure to look up what you are going to do prior to heading out. There's no better way to ruin a date if you feel like you are going to die on it!

Food and Drinks

If students aren't looking to go on a date outdoors, there are plenty of different options throughout the county that will allow them to have a good time. In Ventura, there are a lot of different bars and restaurants that allow for a lot of selection. "Ventura is known for a bar nightlife, in my opinion," said Hannah Allison, a senior communication major.



Downtown Ventura at night. Photo courtesy of Wayne Hsieh.

Although some students like Allison consider Ventura to have a great bar nightlife, there are various restaurants to visit and other activities to do on a date there. "I would recommend Casa Bella in Ventura for a romantic date," said Gutierrez. "They have Frank Sinatra nights on Thursdays."

A fun, different activity that individuals could do is go to Painting with a Twist in Camarillo. This fun painting studio allows for normal people to learn how to paint amazing pictures, but with the help of wine or beer! Unfortunately, this studio only allows people over the age of 21 but is still a fun and unique dating idea.

One of the most popular places that people said that they went on dates was at The Collection, an outdoor lifestyle center, off the U.S. Route 101 on the east side. There are many restaurants and a movie theater, which can create a good scenario for dates. "Most people do the cliché dates around the Collection," said Allison.

No matter what your idea of a perfect date is, there are various options to choose from. There are thousands of other places to go on a date in Ventura County, all you need to do is Google it!

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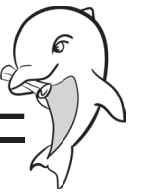
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Top 10 romance films of the 21st century

ANNIE KUZMANOVIC

If you're like me and you enjoy spending your holidays watching films that fit the seasonal vibes, you might be searching for the perfect flick to watch for Valentine's Day 2020. Lucky for you, I have put together a top-ten list of all the must-sees of the romance genre. Some of these are movies I can happily watch everyday; others are ones I have to be in the mood for. Regardless, there is something here for everyone. So whether you're snuggling in front of the TV with your significant other, chilling with friends or enjoying some solo R&R this Valentine's Day, feel free to peruse my recommendations.

10. The Danish Girl (2015)

This film is based on the lives of two painters living in Copenhagen in the mid-1920s. A married couple's love gets put to the test as the husband pursues gender reassignment. This movie tells the story of loving and standing by someone through the variability of life.

8. Moulin Rouge (2001)

In this quirky, glittery musical, you will find the exciting theme of forbidden love. Two star-crossed lovers' journey from lust to love get the best of them days before the prima donna's wedding. They must choose between their dreams come true or true love, "Come What May".

6. Stardust (2007)

Based on the novel by Neil Gaiman, this star-studded fantastical feature is packed with sub-plots and colorful characters from heart-gobbling witches to throne-swiping princes. It tells the tale of a man who seeks out a fallen star to dedicate to his love interest only to find that the star is a woman. Filled with magic and adventure, not to mention a fantastic soundtrack, this movie will take you on an adventure of a lifetime with the destination being more than they expected.

4. 13 Going On 30 (2004)

This flick takes a teenager into her thirties overnight and grants her every wish. When she finally has everything she's ever wanted, she finds herself missing what she's lost. What if the people you took for granted are the ones you love the most?

2. About Time (2013)

Despite the time travel elements, this movie is one that I feel encompasses life. From finding and working for true love to fighting for your family, these themes will definitely tug on your heartstrings. And here's a bonus: just before the end credits start rolling, you will learn the key to happiness amidst the mundaneness of life.

9. The Lake House (2006)

This film plays with time in an intriguing way as two lovers and owners of a lake house during different time continuums fall in love. Just as the allusion made in the film to Jane Austen's "Persuasion", this love story is about waiting and not giving up on a once-in-a-lifetime romance, whether or not time is on your side.

7. Mr. & Mrs. Smith (2005)

In this action-packed motion picture, a married couple finds it difficult to grow their relationship while each of them are hiding their professional lives from the other; both are assassins. When the secrets surface, the consequences of love become life or death.

5. 50 First Dates (2004)

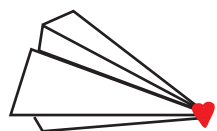
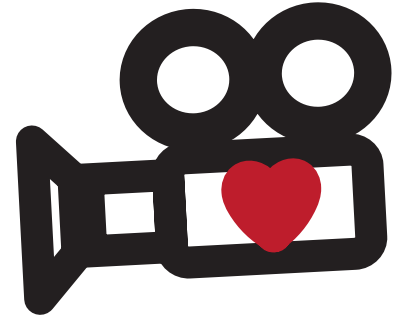
The classic "ladykiller-in-love" trope takes a turn in this romantic comedy when the main character falls for a woman who has short-term memory loss and cannot only remember one day of her life. How far would you go for a love that resets each night?

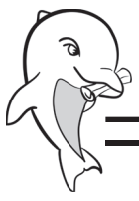
3. The Painted Veil (2006)

In this brilliant historical drama taking viewers back to the 1920s, a couple in a broken marriage journey to cholera-ridden China where the husband conducts bacteriological studies on the natives' landscapes. Having only each other abroad, they must learn to trust one another. This drama proves that patience and effort can heal all broken relationships.

1. Love, Rosie (2014)

This movie spans decades, telling the fond tale of two best friends who are meant to be but who just keep missing each other. It will have you laughing and crying and crying laughing. You will learn that sometimes the one you want is just right under your nose.





Finding love from an app

VYCTORYA THOMAS-VANZANT

For those unacquainted with online dating, the thought of choosing an app from the multitudes available and creating a profile for hundreds of people to swipe on can be intimidating. Derrick Vargas, junior communication major, and Paige Holehouse, senior English major, gave their opinions on the dating apps most used by young adults.

Hinge

Referred to as “the anti-Tinder”, the website Dating Advice says that Hinge separates itself from a “hookup environment in favor of a more commitment-based environment”. The goal of the app is to keep users invested until they find the *one*.

After setting up your account, the app will ask you basic questions such as your ethnicity, education and height to match you with other users. You must then select a total of six photos to place on your profile. Next, you’ll fill out a select number of prompts, one of the app’s most unique, distinguishing features. The prompts are fun and there are over 50 to choose from such as “You know you’ve made it when...” or “The dorkiest thing about me is...” After answering three and picking your photos, your account is set!

When looking for matches, Hinge only lets you view one profile at a time where you can either like or dislike them. Conversations are made easy as you’re able to comment or like specific prompts and photos of other users. According to Dating Advice, this communication system not only allows conversations to flow more naturally, but it also enables users to make decisions on more than just appearance. Holehouse, who is currently using Hinge, stated that she prefers the app over Tinder. “Hinge has been working well so far ... I have been able to meet a good amount of people and even go on second and third dates,” she said. She expressed how much she likes the prompts as they allow you to start a conversation.

The main complaint of Hinge is its small dating pool. This can lead to getting matched to someone you’ve already been matched with. This con is pretty minimal against the pros the app has. Because Hinge is very relationship-focused it isn’t recommended for something casual.

Bumble

Bumble was created by Whitney Wolfe in 2014 with the vision of the app being what VIDA Select refers to as a “female friendly” Tinder”. Similar to Tinder, you match with others by swiping right or left. When two people swipe right on each other, a “connection” is formed after which messages can be exchanged. The catch, however, is that women must start the conversation first within 24 hours or the match will expire. In cases of same-sex users who match, either individual can initiate the conversation.

The format of Bumble keeps women from being spammed with unwanted messages, one of the app’s selling features. According to VIDA Select, some men have said that they like to be pursued rather than to take on the role of the pursuer. Additionally, 60% of matches result in conversation according to one of the founders of Bumble. However, the main complaint of the app is that men can’t initiate the conversation; if you’re interested in a woman but she doesn’t message you after you’ve matched, then that’s as far as the connection goes. The match expires and you’re forced to match with someone else. There is an option that allows you to extend that 24-hour deadline, however the feature can only be used once. Upgraded users can use the feature as many times as they’d like.

Dating Apps



Hinge



Bumble



Tinder

Tinder

Since its launch in 2012, Tinder remains one of the most popular apps for online dating. Known for its swipe format, the location-based app enables users to swipe right for “yes” and left for “no” when looking at other profiles. When two users swipe right on each other, they match and are able to chat.

Despite being the face of online dating, Tinder has gradually become less popular for some users. “Tinder is my least favorite,” said Holehouse. “It has a reputation for being just a hookup app now, and I’m not looking for that.”

According to The Life Virtue, this is one of the biggest flaws of Tinder. The app also combines compulsive smartphone use with ego gratification which can encourage users to check the app multiple times a day. Because Tinder has a reputation for casual dating, it can be difficult for users looking to find a serious relationship.

While Tinder doesn’t work for everyone, there are some aspects of the app that make it successful. With its popularity, there are plenty of people for you to meet through the app. Tinder is a favorite of Vargas’. “I have made genuine connections with people and have actually had a relationship that came from Tinder,” said Vargas. “In the gay community, it’s hard to meet people without these apps, and Tinder made it the easiest to see who is around.”

Among the pros of the apps is the possibility of making new friends. Its algorithm matches you with people based on location and interests; if dating another user does not work, it is not unheard of for people with similar interests and personalities to become friends.

Dating online has made it much easier for people to meet others outside of their circles. Though dating “the old-fashioned way” is romanticized in media and is preferred by many, Holehouse feels the chances of finding a relationship by chance alone are impossible because of advancements in technology and change in the world. “I would love for someone to call and set up a date or to have my cute-boy-in-a-coffeeshop moment, but it’s not realistic,” she said.

One thing Holehouse wishes she had known before entering the online dating world is the reality of the process. “You can go on five dates with someone and not end up dating them in the end,” she said. “There is also the reality that you are not the only person they have gone on a date with. You have the ability to go on dates with multiple people just as much as they are.”

Despite the harsh reality of online dating, Holehouse feels that the process has boosted her confidence. “I have learned to not let words define me and to focus on a person’s actions rather than what they say online.”

For those looking to try online dating, Holehouse shared some advice: “You have to have a positive outlook on (the process). We all know it can suck and people can be s---. Yet, there is always that chance of making a connection with someone, and that can be a great feeling. I would say it comes down to three things. Actions speak louder than words, put yourself first and be kind.”

I am an actor and I don't watch the Academy Awards

ANDREYA MARTINEZ

Oscars? More like overrated, am I right? Don't get me wrong, as an actor, I want one. I want nothing more than to win one, float on stage with ease and grace, get emotional and flustered, forget to thank someone and have the "get off the stage" music play me out. It will be a momentous day, and I expect every single one of my friends and family to tune in and watch. However, watching a bunch of overpaid starlets get boozed up and awarded for movies is something I don't care to watch. It just doesn't make my to-do list.

Mistake me not. It is a great honor that people work hard for, but there are countless other people who work even harder to make a movie great enough to even be considered for an Academy Award. Do you think Olivia Colman could have won the Oscar for Lead Actress in "The Favourite" last year if every single production assistant, costumer, editor, camera person and hair and make-up artist didn't put in their all? You might be asking, "Andreya, if you don't watch the Oscars, how did you know that?" Well, I Googled it!

And yes, there are awards for technicians as well, but does anyone outside the immediate world of those careers care? Probably not. The only thing I would attempt to care about, if I did at all, would be Best Picture, Lead Actor and Lead Actress (plus anything that Lin-Manuel Miranda is nominated for), and I imagine that there are many more like me.

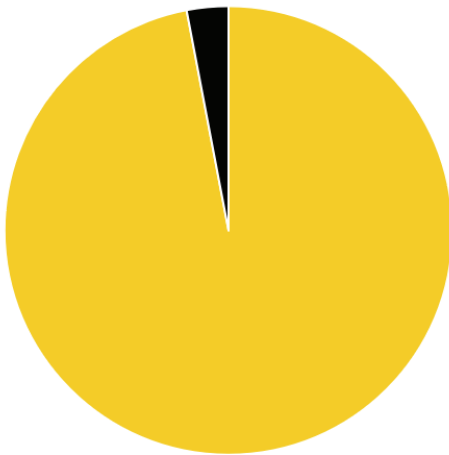
Don't even get me started on the whiteness. There is a high outrage for culture and ethnic snubbing in this awards ceremony. The Academy Awards aren't the only ones to blame for this, but they are currently on the chopping block.

Refrain from misunderstanding. There was an upswing in diversified nominees and winners in previous decades. "There were more black acting nominees in the past 25 years (39 nominees) than in all 63 years of the Oscars before then (26 nominees)," according to a 2016 article written by The Washington Post. "Eleven black actors have won the statuette since 1991, compared with four before." That is all well and good, but what about everyone else?

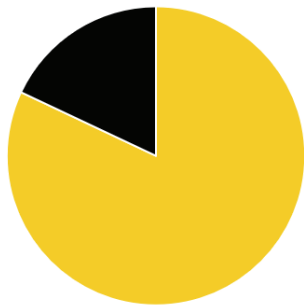
It isn't entirely the fault of the Academy. It is only following the trend that has been set in place by the entertainment industry for almost a century. This just goes into the systemic racism of our society and the ethnic erasure that has been going on for centuries. We can't rely on the Oscars to fix that, but we sure can work to make them better with more inclusion for all genders and ethnicities.

It is time to start thinking outside the box and including everyone because I guarantee there will be many more kick-ass things to watch and love if we just gave other different-colored humans a chance. There is a reason that we started Americanizing other countries' cuisines -- because they are delicious. No one wants to live off of hotdogs and PB&J. Can't we do the same for our entertainment industry?

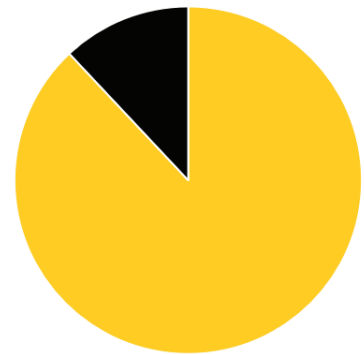
Producers Nominated for Best Picture (2010-2019)



Actors Nominated for Best Actor Oscar (2010-2019)



Actresses Nominated for a Best Actress Oscar (2010-2019)



The "whiteness" of the Oscars doesn't make me not want to watch. I just don't care, and until I am actively a part of the industry, I will probably continue to not care.

The one time I began to pay attention to the Oscars was when there was a huge internet outrage for Leonardo DiCaprio because he had never won one. That hype finally died in 2016 when he won for that bear movie I also didn't see, and I have ceased to care about it since.

I'd honestly just rather watch the Tony Awards. At least with the Tonys I have actual

entertainment and get to see musical numbers from Broadway shows that I can't afford to see. As quoted by actress, producer, songwriter and all-around funny person Rachel Bloom in her song "Who Wants To Watch The Tony Awards This Year", "It's like The Oscars if the actors had talent. It's kind of like that, only so much better."

It's not that they're bad. It is just that the Hollywood glamor never really enthralled me. I want to work hard, make things I am proud of and just do what I love, and if I can play the game and get recognized by some old, crotchety white guys so I can have a really cool statue and bragging rights forever, I'll take it.



Purpose

The purpose of The CI View is to provide the student body of CI with precise and accurate news about what is happening on their campus and in their community. It is run by students, for students, and provides a platform for the student voice. The CI View aims to be student-centered by giving students opportunities to become involved and learn about the dynamic field of journalism.

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